Workshop "Meet Your Real Inner Power"

with Trillium Seafyre
Friday march 29th - Monday April 1st 2024 / 10am – 5 pm

Trillium Seafyre is a facilitator on the path to ever expanding states of awareness, self-empowerment and freedom. She helps you to recognize your own truth and provides you with the tools to find inner balance and harmony in every-day life. Trillium shares her teachings based on instructions received from Sifus Mark Rasmus and Ludovic; Shaolin Shifus Shi Heng Yi and Shi Heng Zuan; and Howard Huai Hsiang Wang of Prana Dynamics; as well as numerous spiritual teachers.

Main components of the seminar will include:

- understanding alignment and attunement to the physical, emotional and mental bodies in more depth ("levels 1, 2 & 3" as briefly covered last year)
- enhancing attunement to one's inner world and sensations in physical, emotional and mental bodies for improved living
- how to better cultivate 'real inner power'
- introduction to higher frequency realms, transmission skills and streaming/channeling
- use and application of these discoveries and skills to 'every-day life' and regular practice
- bringing our gifts to the world through 'service'

Hands-on and hands-off Partner practice, energetic transmission, inner alignment & alchemical transmutation refinement will make up the majority of the seminar time.



Dates: Fr 29. March – Monday April 1st

Time: 10.00 – 17.00 Price: 110.-/day

Place: CHRONOS MOVEMENT Tanzstudio, Elisabethenstrasse 11, 4051 Basel

Infos: Franziska Trefzer, fon 076 316 63 93, e-mail ftrefzer@gmx.ch

